



SECURITY AND RESILIENCE ADVISORY (COVID 19)

Date: **March 11, 2020**

Advisory No.: **02_2020**

According to World Health Organization (WHO), the coronavirus COVID-19 is currently affecting 115 countries around the world.

Cases

Worldwide (as of 16:00 CET March 10, 2020)

- Total cases: 113,851
- Deaths: 4,015
- Recovered: 65,114

Philippines: (8:00 AM March 11, 2020) (monitoring tool - <https://ncovtracker.doh.gov.ph/>)

- Confirmed cases: 33
- Discharged persons under investigation (negative for COVID-19): 630
- Admitted persons under investigation (test results pending): 68

☐ In view of the increasing number of confirmed COVID19 infected individuals, everyone is reminded to always observe the following precautionary measures to prevent the spread of the disease:

- Practice good personal hygiene by washing your hands properly with soap and water. If there is no soap and water immediately available, use hand sanitizers.
- Cover your mouth when sneezing or coughing.
- Avoid touching your face (mouth, eyes, nose) when you are out in public or using public transportation / restrooms.
- Practice social distancing and if possible avoid crowded places or large gatherings.
- Refrain from hand shaking and other forms of physical contact/greeting.
- Improve your immune system by getting enough rest/sleep, increasing fluid intake, taking vitamins, eating a balanced diet, exercising regularly, maintaining a healthy weight etc.
- Comply with the directives of our CEO regarding staying at home when you feel ill and seeking medical attention, if necessary.
- Wearing of surgical masks is unnecessary for healthy people.

☐ Majority of those severely affected are individuals with an average age above 60 and with pre-existing medical conditions. If you are part of this age group and have health issues that can potentially make you vulnerable, it would be advisable to discuss the matter with your doctor and immediate superior.

☐ The government maintains that community-level quarantines or lockdowns remain unlikely given the present situation. A lockdown scenario is possible if there is proof of community based transmission. The Company is actively monitoring the situation and shall issue the appropriate travel advisory when needed. Until then:

- For business, follow LH travel limitations as well as national regulations and government travel advisories.
- If you are planning to go on an out-of-town trip for personal reasons, consider the risk of possible lockdowns that may make your travel difficult.